



# TRIGLYCERIDES

## Enzymatic and colorimetric determination of Triglycerides in serum and plasma

### TEST SUMMARY

Triglycerides are hydrolyzed in presence of lipoproteinlipase, into fatty acids and glycerol. Glycerol is being phosphorylated to glycerol -3-phosphate by means of glycerol kinase and ATP and the product of phosphorylated, again transformed in dihydroxyacetonephosphate and peroxide of hydrogen from glycerol-3-phosphate oxidase. Peroxide of hydrogen, in presence of preoxidase, reacts with 4-aminoantipyrine and p-chlorophenol, to form a red compound which intensity is proportional to the triglycerides concentration present in the sample.

### SAMPLES

Samples should be obtained from patients keep in fast at least from 10-14 hours.  
Use in serum or plasma.  
With EDTA plasma, the obtained value has to be converted multiplying this value by 1.03, find for serum the equivalent value.  
Stability: 3 days at 4°C or 2 weeks at -20°C.  
Lipemic samples may require after defrost, warming at 37°C, and then a vigorous mixing.

### REAGENTS

Sole reagent: Good's buffer pH 7.20 50 mM, ATP 2 mM, GK > 1000 U/L, POD > 1000 U/L, LPL > 2000 U/L, GPO > 5000 U/L, 4-chlorophenol 2.7 mM, 4-AAP 0.3 mM, tensioattivi.

Standard: Triglycerides 200 mg/dl.

### MATERIALS REQUIRED BUT NOT SUPPLIED

Current laboratory instrumentation. Spectrophotometer UV/VIS with thermostatic cuvette holder. Automatic micropipettes. Glass or high quality polystyrene cuvettes. Saline solutions.

### PRECAUTIONS

Reagent may contain some non-reactive and preservative components. It is suggested to handle carefully it, avoiding contact with skin and swallow. Perform the test according to the general "Good Laboratory Practice" (GPL) guidelines.

### REAGENTS PREPARATION

Reagents are supplied in liquid form ready to use.  
Stability: until expiration date on label, stored at 2-8°C avoiding exposure to strong light sources.  
Stability after first opening: ≥ 60 days at 2-8°C.

### Warning!

Reagent is slightly photosensitive.  
Avoid prolonged exposure to strong light source.

### PROCEDURE

Kind of analysis: Final point  
Reading time: 5 minutes  
Wavelength: 510 nm (480 – 520)  
Temperature: 37°C  
Lightpath: 1 cm  
Zero: Blank Reagent

Reagents	Blank	Standard	Sample
Distilled water	10 µl	--	--
Standard	--	10 µl	--
Sample	--	--	10 µl
Sole reagent	1 ml	1 ml	1 ml

### CALCULATION

Serum/Plasma Triglycerides (mg/dl)

(A sample/A standard) x 200

### EXPECTED VALUES

Desirable < 200 mg/dl (2.26 mmol/l)

Each laboratory should establish appropriate reference intervals related to its population.

### NOTE

- If the results are incompatible with clinical presentation, they have to be evaluated within a total clinical study.
- Only for IVD use.

### CALIBRATION/QUALITY CONTROL

It is suggested to perform an internal quality control. For this purpose the following control sera on human base are available on request:

**QN 0050 CH** 10 x 5 ml  
Control Sera normal values

**QP 0050 CH** 10 x 5 ml  
Control Sera pathological values

### TEST PERFORMANCE

#### Precision

Intra-assay (n = 30)	Mean (mg/dl)	SD (mg/dl)	CV%
Sample 1	188.3	0.7022	0.37
Sample 2	63.26	0.6396	1.01

Inter-assay (n = 30)	Mean (mg/dl)	SD (mg/dl)	CV%
Sample 1	188.4	0.9684	0.51
Sample 2	63.23	0.7279	1.15

#### Sensitivity/limit of detection

The method is able to discriminate until 1 mg/dl.

#### Linearity

The method is linear up to 1000 mg/dl.  
If the values is exceeded, it is suggested to dilute the sample 1+9 with saline and to repeat the test, multiplying the results by 10.

#### Method comparison

A comparison with a commercial available product gave the following results in a comparison on 31 samples:

Triglycerides LTA = x  
Triglycerides competitor = y  
n = 31

$y = 0,99598x - 098743$   $r = 0,9988$

#### Interferences

No interference was observed by the presence of:  
hemoglobin ≤ 500 mg/dl  
bilirubin ≤ 18 mg/dl

#### WASTE DISPOSAL

Product is intended for professional laboratories. Waste products must be handled as per relevant security cards and local regulations.

#### PACKAGING

**CODE CC02200 (400 TESTS)**  
Sole reagent 4 x 100 ml (liquid)  
Standard 1 x 5 ml (liquid)

### REFERENCES

Trinder P. – J. Clin. Path. 22, 158 (1969).  
Brucolo G., David M. – Clin.Chem. 19,476 (1973).  
McGowan M.W., Artiss J.D., Standbergh D.R., Zak B. Clin.Chem. 29, 538 (1983).  
Tietz Textbook of Clinical Chemistry, Second Edition, Burtis-Ashwood (1994).

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### SYMBOLS

- IVD** Only for IVD use
- LOT** Lot of manufacturing
- REF** Code number
- Storage temperature interval
- Expiration date (year, month)
- Warning, read enclosed documents
- Read the directions
- Biological risk

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